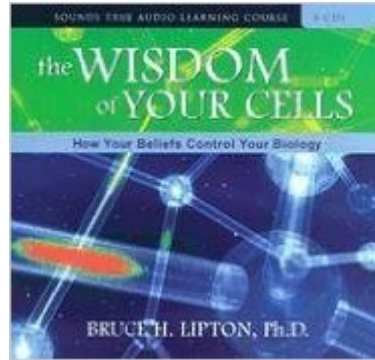


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# The Wisdom Of Your Cells: How Your Beliefs Control Your Biology



## Synopsis

When was the last time that learning about a scientific breakthrough left you feeling invigorated, optimistic and empowered to take charge of your life? In the tradition of Carl Sagan, Rachel Carson and Stephen Hawking, a new voice has emerged with the unique gift of translating cutting edge science into clear, accessible language-Dr. Bruce Lipton. With *The Wisdom of Your Cells*, this internationally recognized authority on cellular biology takes listeners on an in-depth exploration into the microscopic world, where new discoveries and research are revolutionizing the way we understand life, evolution, and consciousness. On this full-length audio course, Dr. Lipton shares his lucid and startling insights about the building blocks of life, and how each one of our cells has far greater innate intelligence than we once believed.

## Book Information

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## Customer Reviews

Cellular biologist and author Dr. Bruce H. Lipton is a master teacher who is excited about his discoveries in the area of biology and belief. He has a way of teaching that not only increases your knowledge of biology; it explains why we can control our health with our thoughts. Can Doctors stay well by thinking thoughts of health? What is really happening when a miracle occurs? This CD set addresses the areas of: Cellular Biology, Natural theology and Natural Science, Genetic Determinism, The Human Genome Project, What Controls Cells? Cell Membranes, Newtonian Physics, Good and Bad Vibes, Invisible Energy, Universe, Magnetic Fields, The Secret of Life, The Root Cause of Disease, Polar and Non-Polar Molecules, The Role of Receptor and Effector Proteins, The Function of Genes, The Dangers of Genetic Engineering, Stress and The Immune System, Learning

and Brain StatesMiraclesPlacebo EffectBeliefs and BiologyHow our Subconscious Controls our Lives - can this be changed or is it more like a tape player. Can repetition reprogram the mind and how does this relate to mindfulness?Fractal GeometryHereditary TraitsEvolution beyond survival - instead it is driven by consciousness and cooperationDr. Bruce h. Lipton's teachings explain why people seem more radiant when in love or why spontaneous healing can occur. The section on energy explains why healing can occur with the spiritual idea of "laying on of hands - energy transfer" or through "prayer - thoughts can also be a form of energy medicine.

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